



# R7

Neck and  
Shoulder  
Massager

## Instruction Manual



Kneading and  
Pressing  
Massage



Red Light  
Thermal  
Moxibustion










Hands Free  
Massage



2-Hour  
Battery Life

### OPERATING

- Press the power button  for 1.5 seconds to turn on the device.
- Press the massage mode button  repeatedly to switch between Soothing Mode, Gentle Mode, Vitality Mode, and Integrated Mode.
- Press the massage intensity button  repeatedly to switch between Massage Paused, Low Intensity, Moderate Intensity, and High Intensity.
- Press the hot compress button  repeatedly to switch between Hot Compress Off, Hot Compress Low, Hot Compress Medium, Hot Compress High, and Hot Compress Highest to control red light therapy and thermal moxibustion.
- Press the hot compress button  for 5 seconds to switch between Voice Mode and Silent Mode.
- When the device stops operation after a 10-minute session, press the power button  for 2 seconds to start a new one.
- Press the power button  for 1.5 seconds to turn off the device.
- When the battery level is higher than 25%, battery level indicator is in blue solid light.
- When the battery level is lower than 25%, battery level indicator is in orange solid light. Please recharge the battery.

### MAINTENANCE, CLEANING & STORAGE

- Use a slightly damp towel to clean the device and a soft cloth to dry it.
- Do not clean the device with chemicals or alcohol.
- Only use the USB-C cable supplied by the ELEEEELS for recharging.

### WARNINGS & CAUTION

- Do not immerse in water. Keep away from liquids or heat sources.
- Do not remove screws or attempt to disassemble.
- Do not operate continuously for more than one hour. Allow device to rest for 10 minutes before re-using.
- For adult use only. Do not use if injured. Consult your doctor before use.

### SAFETY INSTRUCTIONS

DANGER: TO REDUCE RISKS OF ELECTRIC SHOCK, FIRE, AND PERSONAL INJURY, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:

- Do not drop the device.
- Do not tamper or alter the device in any way.
- Never leave the device unattended during operating or charging.

### DISCLAIMER

Please do not use the ELEEEELS R7, or any massage device without first obtaining approval from your doctor if you have any of the following conditions: severe cervical hyperosteoecy, abnormal cervical vertebra, severe blood circulation disorder in the neck, neuropathy, pacemaker user, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, spondylolysis, spondylosis, recent joint replacements, surgical pins or plates, or you have any concerns about your physical health.

### WARRANTY

IF WITHIN ONE YEAR FROM THE DATE OF PURCHASE, THIS PRODUCT FAILS DUE TO A DEFECT IN THE MATERIAL OR WORKMANSHIP, ELEEEELS WILL REPAIR OR REPLACE THE PRODUCT; OR FAILED COMPONENT(S), FREE OF CHARGE

### THIS WARRANTY EXCLUDES:

- Damage caused by accident, abuse, or mishandling during transport;
- Damage arising from use of units from unauthorized repair;
- Malfunction of units that are not used in accordance with ELEEEELS instructions;
- Damage for which the cost of repair exceeds the cost of the product;
- Deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions on the client's premises, and
- Any product for which a dated proof of purchase cannot be provided.

Please visit below link for instruction manual in other languages:  
<http://www.eleeeels.com/im>

## R7 at a Glance





- 1) Kneading and Pressing Massage, Thermal Moxibustion
- 2) Red Light Therapy
- 3) Adjustable Belt
- 4) USB-C Charging Port
- 5) USB-C Cable

**Specifications**

- Rated Voltage: 5V/2A
- Battery Capacity: 2200 mAh
- Rated Power: 10W
- Weight: 1060 grams
- Operating Time: up to 1.5 hours of use per charge

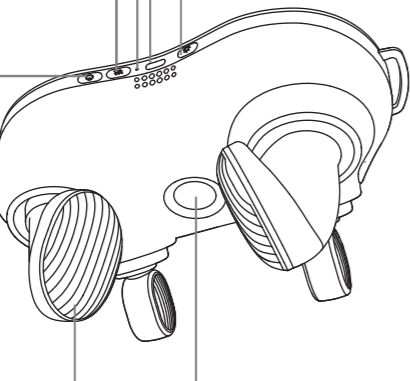
Battery Level / Charging Indicator

Massage Intensity Button 

Power Button / Massage Mode Button 

USB-C Charging Port

Hot Compress Button 



Massage Head Red Light

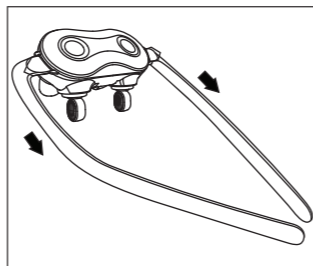
## INSTRUCTIONS

PLEASE READ PRIOR TO USE

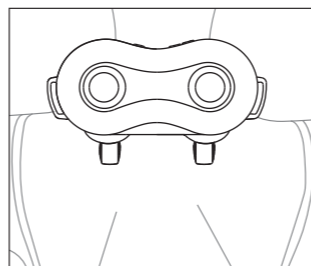
### CHARGING

- 1) Connect USB-C cable to the charging port.
- 2) The charging speed depends on what adapter is used. It is suggested to use a USB adapter supporting 5V/2A to fully charge in approximately 3.5 hours.
- 3) During charging, the charging indicator flashes in orange slowly. When the charging indicator flashes in blue slowly, the device is fully charged.

### PREPARATION - HANDHELD MASSAGE



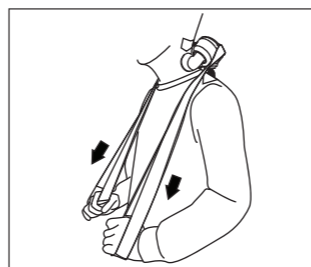
Unfold and straighten the belt.



Put on the device.

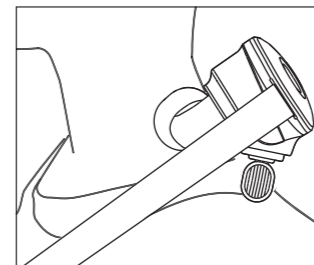


Adjust and hold the belt to the most comfortable position.

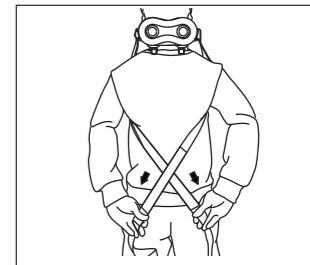


Pull the belt down, relax your neck by leaning on the device to enjoy massage.

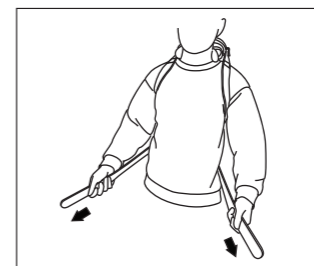
### PREPARATION - HANDS-FREE MASSAGE



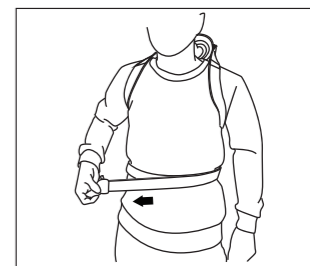
Put on the device. Align the massage head on the comfortable position.



Cross the belt on the back and then move it towards the front.



Straighten the belt.



Wrap the belt, adhere the fastener, and avoid tightening it excessively to enjoy massage.